



BUSINESS N BEACHES BRAZIL SEPTEMBER 25 - OCTOBER 2, 2019

Create a Life + Business You Love.

Travel. Influence. Inspire. Learn. Expand. Earn.

FIT Life
C r e a t i o n

WWW.FITLIFECREATION.COM

www.katrinajulia.com





INCLUDED

STAY + FOOD

VILLAS 7 NIGHTS
LIFESTYLE RETREATS
CHEF PREP MEALS
NO ALCOHOL ALLOWED

SERVICE + ADVENTURE

SERVICE + GIVING BACK
TOURS
UNIQUE EXPERIENCES

BUSINESS BUILDING

WORKSHOPS, SOCIAL
MEDIA, BUSINESS PLAN,
FINANCIALS, 90 DAY PLAN
TECHNOLOGY + MORE

EXPERIENCES

HEALTH + WEALTH
PHOTOGRAPHY
CONTENT CREATION
DIGITAL + COLLABS
AMBASSADORSHIPS

FIT Life

C r e a t i o n

RETREAT SERIES

BUSINESS N BEACHES



AGENDA

DAY 1: ARRIVE

6 PM DINNER + WELCOME

ACTIVITY: PURPOSE + SPACE

DAY 2: SERVICE + CONTENT

7 AM YOGA / MEDITATION

8 AM HEALTH EXPERIENCES

10 AM MONEY EXPERIENCES

12 PM LUNCH + ACTIVITY

1PM FREE TIME

**3PM COMMUNITY SERVICE
FAVELAS**

6 PM DINNER + RELAX



DAY 3: WORKSHOPS + SUNSETS

8 AM MEDITATION + GRATITUDE

9 AM HEALTH EXPERIENCES

**10 AM SOCIAL MEDIA SYNDICATION
VIDEO SCRIPTS + ACTION**

12 PM LUNCH + FREE TIME

1 PM BEACH + SUGAR LOAF

6 PM DINNER + INTERVIEWS

DAY 4: VIEWS OF BUSINESS

**6 AM BREAKFAST +
CHRIST REDEEMER**

11 AM LUNCH + POOL TIME

2PM BILLIONS + BUSINESS PLAN

6 PM DINNER + RELAX

DAY 5: BUSINESS + PHOTOSHOOTS

8 AM MEDITATION + GRATITUDE

9 AM BREAKFAST + BOWLS

10 AM BUSINESS PLAN

12 PM LUNCH + LOUNGING

**3PM PHOTOSHOOT + SOUVENIRS
7PM DINNER**

FIT Life

C r e a t i o n

TRANSFORM + INSPIRE RETREAT SERIES

BUSINESS N BEACHES



AGENDA

DAY 6: BONUS WORKSHOPS

7 AM BREAKFAST + BOWLS

8 AM WORKSHOPS + 90 DAY

11 AM LUNCH

**1PM FREE TIME AT VILLA
BEACH + IN TOWN**

6PM DINNER + SPA PARTY

DAY 7: FUN DAY

DAY 8: DEPART



FAQ'S

**HOW MUCH TIME DO I
GET FOR PHOTOSHOOT?**

**~1 HOUR (2-4 OUTFITS)
EXTRA \$200 PER HOUR**

WHEN WILL I GET PHOTOS?

**AFTER DAY SESSIONS /
DAY AFTER
WILL BE LOADED ON
PORTAL / LINK SENT
ALL RETREAT CONTENT**

ARE BONUSES LIMITED?

**NOPE.
ONLY TO % PER AREA.**

**WHAT ARE NEXT STEPS
TO EXPAND BEYOND
RETREAT?**

**CO-LEAD + CREATE RETREATS
ACADEMIES, PROGRAMS,
FUNDRAISERS
WHATEVER YOU WANT!**

BRANDS

NUTRITION

SIX PACK MEAL BAGS
HERBALIFE
PLATEJOY

WEALTH + BUSINESS

MINT
LIVE PLAN

MARKETING

CANVA + DIGITAL
AIRBNB + TOURS
RENT THE RUNWAY
COLLABS

INFLUENCERS

LOOK AT BRANDS +
INFLUENCER BRANDS



GLOBAL



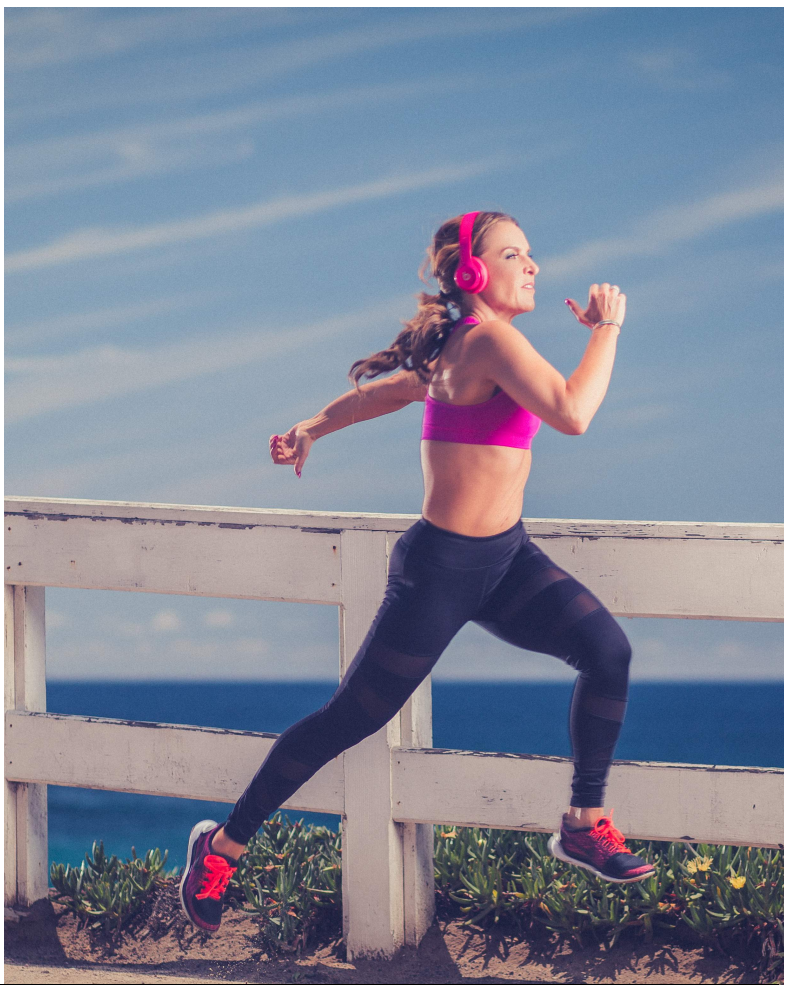
RETREATS



INFLUENCER



WEEKENDS



AMBASSADOR



ACADEMIES



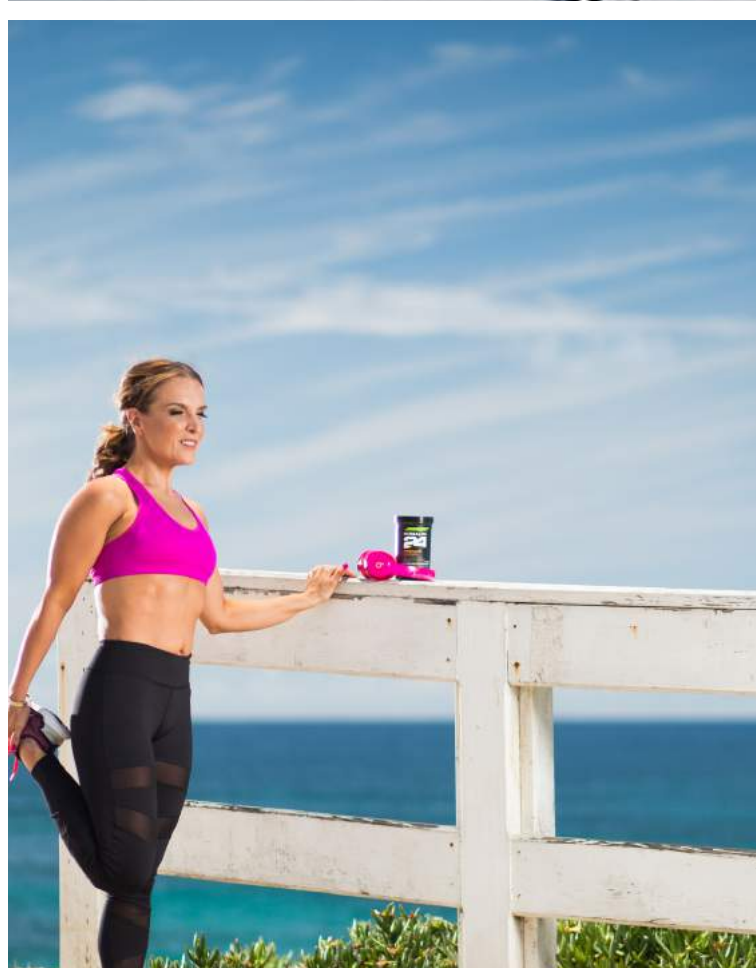
FUNDRAISERS



EVENTS



PRODUCTS



COACH

ROAD MAP
WAYS
TO GROW WITH

FIT Life
C r e a t i o n



SPEAKER



CONTENT

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ONE STOP LIFESTYLE
TRANSFORMATION



PROGRAMS | RETREATS | ACADEMIES |
AMBASSADORS | FUNDRAISING
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